

# Sarah B. Burger, Ph.D., ABPP-CN

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## LICENSURE

Licensed Clinical Psychologist, Arizona Board of Psychologist Examiners  
AZ license #: PSY-004435  
Status: Active September, 2013 - Present

## BOARD CERTIFICATION IN CLINICAL NEUROPSYCHOLOGY (ABPP)

Awarded by the American Academy of Clinical Neuropsychology (AACN)  
Certificate Number: 9267  
Status: Active November, 2020 - Present

## PROFESSIONAL CLINICAL POSITIONS

October 2017- Present	<b>CEO and Clinical Psychologist/Lifespan Neuropsychologist</b> <b>A-Z Neuropsychology, LLC</b> Tucson, AZ
July 2014- December 2021	<b>Contract Psychologist/Lifespan Neuropsychologist</b> <b>Triumph Counseling Services, Inc.</b> Tucson, AZ
April 2016- October 2017	<b>Clinical Psychologist</b> <b>Center for Neurosciences, Lifespan Neuropsychology</b> Tucson, AZ
August 2014- March 2016	<b>Clinical Psychologist</b> <b>Neuropsychology Limited</b> Tucson, AZ
August 2013- August 2014	<b>Clinical Psychologist and Postdoctoral Resident (2,000 hours)</b> <b>Neuropsychology Limited</b> Tucson, AZ
August 2012- August 2013	<b>Postdoctoral Resident in Clinical Neuropsychology (2,000 hours)</b> <b>Arizona Psychology Training Consortium, Neuropsychology Limited</b> Tucson, AZ

## PROFESSIONAL CLINICAL SUPERVISORY POSITIONS

October 2019- Present	<b>Arizona Psychology Training Consortium Affiliate, Neuropsychology Site</b> <b>Primary Clinical Supervisor of 2-Year Postdoctoral Residents Placed at A-Z</b> Tucson, AZ
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- September 2018-  
Present                    **University of Arizona Affiliate for Clinical Training/Education**  
**Primary Clinical Supervisor of Doctoral Students Placed at A-Z**  
Tucson, AZ
- May 2020-  
June 2023                    **Northern Arizona University Affiliate for Clinical Training/Education**  
**Primary Clinical Supervisor of Doctoral Students Placed at A-Z**  
Tucson, AZ

### **PROFESSIONAL TEACHING/RESEARCH POSITIONS**

- February 2018-  
August 2018                    **Assistant Research Scientist, Public Health (under Patricia Haynes, Ph.D.)**  
**University of Arizona, Health Promotion Sciences Department**  
Tucson, AZ
- August 2012-  
December 2015                    **Adjunct Instructor**  
**Pima Community College, East Campus**  
Tucson, AZ
- August 2014-  
December 2014                    **Limited Term Adjunct Instructor**  
**University of Arizona, Psychology Department**  
Tucson, AZ
- August 2013-  
December 2013                    **Limited Term Adjunct Instructor**  
**University of Arizona, Psychology Department**  
Tucson, AZ

### **EDUCATION**

- 2005 – 2012                    **University of Arizona**  
M.A. and Ph.D. in Clinical Psychology  
Track: Clinical Neuropsychology
- 2001 – 2004                    **University of California at Santa Cruz**  
B.A. in Intensive Psychology, with High Honors and College Honors

### **CONTINUING EDUCATION (CE)**

Completed routinely in accordance with the standards of the profession and with licensure and board certification maintenance requirements; detailed information as it relates to CE completion is available upon request. Select extended courses completed in relation to capacity assessment are detailed below.

- September 2024-  
December 2024  
(10 CE Hours)                    **Capacity Assessments and Expanding Work as an Expert with Older Adults**  
Peter A. Lichtenberg, PhD, ABPP and Benjamin T. Mast, Ph.D., ABPP  
Virtual Course
- September 2022-                    **Older Adult Financial Capacity Assessment Webinar**

December 2022            Peter A. Lichtenberg, PhD, ABPP and Benjamin T. Mast, Ph.D., ABPP  
(10 CE Hours)            Virtual Course

### **HONORS, AWARDS, AND ADVOCACY**

2011                        Graduate and Professional Student Council Research Showcase, Poster:  
                                    First Place, Social Science and Law Category  
                                    President's Award  
2007-2011                Teaching Advocacy Committee Member, U of A Dept. of Psychology  
2004                        Suma cum Laude, High Honors in Psychology and College Honors, UCSC  
2004                        Outstanding Undergraduate Researcher Award, Psychology Dept., UCSC  
2003-2004                University of California Regents Scholar, UCSC  
2001-2003                University of California Merit Scholar, UCSC

### **PROFESSIONAL TEACHING EXPERIENCE**

#### **Certificate in College Teaching, University of Arizona**

Earned after completing final certification requirements in October, 2008  
University Teaching Center, University of Arizona

#### **Full Courses Prepared**

Introductory Statistics (230), PCC Fall and Spring, 2012-Fall, 2015  
Human Memory (326), U of A Winter 2009  
Personality Psychology (352), U of A Winter 2006, Summer 2006, 2007, Fall 2013 (hybrid)  
Human Sexuality (364), U of A Fall 2013, 2014  
Abnormal Psychology (381), U of A Winter 2007, Summer 2008, 2009, 2010, Spring 2011; U of A South  
Fall 2009

#### **Teaching Assistantships for Undergraduate Courses**

Structure of Mind and Behavior (INDV 101), U of A Fall 2005, Spring 2006  
Introductory Statistics (230), U of A Fall 2006  
Methods (290A, including preparation of a lab section), U of A Spring 2007, 2009, 2010

#### **Teaching Assistantships for Graduate Courses**

Graduate Statistics (507A, including preparation of a lab section), U of A Fall 2007, 2008  
Graduate Statistics (507B, including preparation of a lab section), U of A Spring 2007, 2008  
Psychosocial Interventions (694B), U of A Fall 2010, Spring 2011

#### **Guest Lectures**

In Personality Psychology (352), U of A Summer 2007, 2008, 2009, 2010, Fall 2009  
In Human Sexuality (364), U of A Summer 2008, 2009

### **PROFESSIONAL/COMMUNITY SERVICE**

ABCN Practice Sample Reviewer, American Board of Professional Psychology (2021-present)  
Acting President, Arizona Neuropsychological Society (2021-2022)  
Vice President/President-Elect, Arizona Neuropsychological Society (2020-2021)  
Secretary of the Board of Trustees, International School of Tucson (2021-present)  
Board of Trustees Member, International School of Tucson (2020-present)

## **CURRENT PROFESSIONAL AFFILIATIONS**

American Academy of Clinical Neuropsychology (AACN) - Membership ID 4783  
National Academy of Neuropsychology (NAN)  
Arizona Psychological Association (AzPA)  
Southern Arizona Psychological Association (SAPA)

## **PUBLICATIONS**

### **Peer-Reviewed Journal Articles:**

Haynes, P.L., Burger, S.B., Kelly, M., Emert, S., Perkins, S., & Tracie Shea, M. (2020). Cognitive behavioral social rhythm group therapy versus present centered group therapy for veterans with posttraumatic stress disorder and major depressive disorder: A randomized controlled pilot trial. *Journal of Affective Disorders*, 277: 800-809, doi: 10.1016/j.jad.2020.09.009.

### **Scholarly Book or Monograph Chapters:**

Figueredo, A.J., Jacobs, W.J., Burger, S.B., Gladden, P.R., & Olderbak, S.G. (2011). The biology of personality. In Terzis, G., & Arp, R., (Eds.), *Information and Living Systems: Philosophical and Scientific Perspectives*. Cambridge, MA: MIT Press, doi 10.7551/mitpress/9780262201742.001.0001.

## **SCHOLARLY PRESENTATIONS**

### **Oral Presentations Given:**

Burger, S.B. (2025). Psychopathology: A practical guide to bridging the gap between science and practice. Presented April 18 to Arizona Psychological Training Consortium (AzPTC) Postdoctoral Students at the Expansive Workspace Complex, Chandler, Arizona.

Burger, S.B. (2025). Clinical neuropsychology 101: A gentle introduction to clinical neuropsychology. Presented March 13 to Southern Arizona Psychology Internship Center Interns at the La Frontera Center, Tucson, Arizona.

Burger, S.B. (2025). A gentle introduction to clinical neurology: Emphasizing the neurological foundation of clinical neuropsychology. Presented March 7 to Northern Arizona University Doctoral Students Comprising the Neuro/Forensic Club, Tucson, Arizona (virtual presentation).

Burger, S.B. (2024). Neuropathology. Presented June 21 to Arizona Psychological Training Consortium (AzPTC) Postdoctoral Students, Tucson, Arizona (virtual presentation).

Burger, S.B. (2024). Behavioral observations 101: A crash course in making and documenting clinically relevant behavioral observations in a format that the supervising neuropsychologist would be happy to read aloud in court. Presented June 8 as part of the National Association of Psychometry Annual Conference, Scottsdale, Arizona.

Burger, S.B. (2024). But first, sleep: A critical look at the neuropsychology of sleep and sleep disorders, with provision of tips, tools, and resources for our clients and ourselves. Presented March 12 to

State-Wide Arizona Vocational Rehabilitation Services Administration Professionals (RSA), Tucson, Arizona (virtual presentation).

- Burger, S.B. (2024). Navigating neurodiversity: A practical guide for working with clients with autism spectrum disorder and/or attention-deficit/hyperactivity disorder diagnoses, with sample case conceptualizations and provision and modeling of tools for collaborative work. Presented January 30 to State-Wide Arizona Vocational Rehabilitation Services Administration Professionals (RSA), Tucson, Arizona (virtual presentation).
- Burger, S.B. (2023). Motivational interviewing 101: A crash course in the application of MI techniques with ambivalent clients. Presented December 12 to State-Wide Arizona Vocational Rehabilitation Services Administration Professionals (RSA), Tucson, Arizona (virtual presentation).
- Burger, S.B. (2023). Personality disorders, part II: Peace over drama! A practical guide for navigating work with clients with personality disorders, with provision and modeling of tools for screening, conceptualizing, and working collaboratively. Presented November 14 to State-Wide Arizona Vocational Rehabilitation Services Administration Professionals (RSA), Tucson, Arizona (virtual presentation).
- Burger, S.B. (2023). Channeling Sherlock Holmes and Carl Rogers simultaneously: An introduction to the art and science of the intake interview as a tool for informing differential diagnosis, case conceptualization, treatment and vocational planning. Presented October 10 to State-Wide Arizona Vocational Rehabilitation Services Administration Professionals (RSA), Tucson, Arizona (virtual presentation).
- Burger, S.B. (2023). Learning how to complain effectively: teaching your clients self-advocacy skills (because we can all benefit from knowing when and how to ask for help!). Presented August 30 to State-Wide Arizona Vocational Rehabilitation Services Administration Professionals (RSA), Tucson, Arizona (virtual presentation).
- Burger, S.B. (2023). Reality check post-pandemic: Now what? A nuanced discussion of the pandemic's impact on mental health, with recommendations for growth and opportunities for reflection. Presented August 17 to State-Wide Arizona Vocational Rehabilitation Services Administration Professionals (RSA), Tucson, Arizona (virtual presentation).
- Burger, S.B. (2023). A crash course in evidence-based clinical techniques as adapted for use in a VR context: provision and practice of tools (with role-play!). Presented July 20 to State-Wide Arizona Vocational Rehabilitation Services Administration Professionals (RSA), Tucson, Arizona (virtual presentation).
- Burger, S.B. (2023). A navigational guide to dealing with direct and indirect trauma, part 2 of 2: Working with trauma – yours, mine, and ours. Presented June 13 to State-Wide Arizona Vocational Rehabilitation Services Administration Professionals (RSA), Tucson, Arizona (virtual presentation).
- Burger, S.B. (2023). A navigational guide to dealing with direct and indirect trauma, part 1 of 2: The neurobiology of trauma, and associated implications for neurocognitive and immune functioning. Presented May 18 to State-Wide Arizona Vocational Rehabilitation Services Administration Professionals (RSA), Tucson, Arizona (virtual presentation).

- Burger, S.B. (2023). Psychopathology: A practical guide to bridging the gap between science and practice. Presented January 19 to Arizona Psychological Training Consortium (AzPTC) Postdoctoral Students, Tucson, Arizona.
- Burger, S.B. (2023). A gentle introduction to clinical neurology: Emphasizing the neurological foundation of clinical neuropsychology. Presented January 20 to Arizona Psychological Training Consortium (AzPTC) Postdoctoral Students, Tucson, Arizona.
- Burger, S.B. (2022). Evidence-based psychotherapies (EBPs): An in-depth look at various EBP models, with exemplary demonstrations and supportive practice. Presented December 14 to State-Wide Arizona Vocational Rehabilitation Services Administration Professionals (RSA), Tucson, Arizona (virtual presentation).
- Burger, S.B. (2022). Psychopharmacology 101: An introduction to psychotropic medications and their side effects, alongside discussion of commonly considered alternatives. Presented November 29 to State-Wide Arizona Vocational Rehabilitation Services Administration Professionals (RSA), Tucson, Arizona (virtual presentation).
- Burger, S.B. (2022). Neurocognitive disorders, from delirium to dementia: An introduction to common etiologies, assessment considerations, service provision, and vocational considerations. Presented September 8 to State-Wide Arizona Vocational Rehabilitation Services Administration Professionals (RSA), Tucson, Arizona (virtual presentation).
- Burger, S.B. (2022). Neurocognitive deficits and mental illness: Tips for working with individuals with neurodevelopmental or neurocognitive disorders and comorbid mental illness. Presented August 10 to State-Wide Arizona Vocational Rehabilitation Services Administration Professionals (RSA), Tucson, Arizona (virtual presentation).
- Burger, S.B. (2022). Executive functions 101: An introduction to executive functions and their neurological underpinnings, with practical techniques for improving executive functions in developmentally appropriate ways. Presented June 8 to State-Wide Arizona Vocational Rehabilitation Services Administration Professionals (RSA), Tucson, Arizona (virtual presentation).
- Burger, S.B. (2022). Adjustment challenges relating to disability: A practical discussion of best practice and other guidelines for working with individuals with functional limitations. Presented April 14 to State-Wide Arizona Vocational Rehabilitation Services Administration Professionals (RSA), Tucson, Arizona (virtual presentation).
- Burger, S.B. (2022). Neuroimaging 101: An introductory and practical guide for (neuro)psychologists. Presented March 18 to Arizona Psychological Training Consortium (AzPTC) Postdoctoral Students, Tucson, Arizona (virtual presentation).
- Burger, S.B. (2022). Just keep swimming: A practical guide to helping ourselves and our clients navigate life and work during a seemingly endless pandemic. Presented February 17 to State-Wide Arizona Vocational Rehabilitation Services Administration Professionals (RSA), Tucson, Arizona (virtual presentation).
- Burger, S.B. (2022). Neurodevelopmental disorders: A practical guide to assessment and service provision, with a discussion of vocational considerations. Presented February 9 to State-Wide

- Arizona Vocational Rehabilitation Services Administration Professionals (RSA), Tucson, Arizona (virtual presentation).
- Burger, S.B. (2021). A gentle introduction to clinical neurology: Emphasizing the neurological foundation of clinical neuropsychology. Presented November 19 to Arizona Psychological Training Consortium (AzPTC) Postdoctoral Students, Tucson, Arizona (virtual presentation).
- Burger, S.B. (2021). Client in crisis training: Keep calm and mission on! Presented November 3 to State-Wide Arizona Vocational Rehabilitation Services Administration Professionals (RSA), Tucson, Arizona (virtual presentation).
- Burger, S.B. (2021). Substance-related and addictive disorders: A practical guide to service with a discussion of vocational considerations. Presented August 11 to State-Wide Arizona Vocational Rehabilitation Services Administration Professionals (RSA), Tucson, Arizona (virtual presentation).
- Burger, S.B., Furlong, A., McCall, P., Nafisi, N., & Way, S. (2021). Intersections between school psychology and private practice panel. Presented September 15 to Arizona Psychological Association (AzPA), Tucson, Arizona (virtual presentation).
- Burger, S.B. (2021). Substance-related and addictive disorders: A practical guide to service with a discussion of vocational considerations. Presented August 11 to State-Wide Arizona Vocational Rehabilitation Services Administration Professionals (RSA), Tucson, Arizona (virtual presentation).
- Burger, S.B. (2021). Applied techniques for improving work with clients with behavioral health syndromes: Introduction, demonstration, and practice of evidence-based principles. Presented June 16 to State-Wide Arizona Vocational Rehabilitation Services Administration Professionals (RSA), Tucson, Arizona (virtual presentation).
- Burger, S.B. (2021). Anxiety and posttraumatic stress: A guide to anxiety, trauma, and stressor-related disorders with a practical discussion of vocational and service-related considerations. Presented April 21 to State-Wide Arizona Vocational Rehabilitation Services Administration Professionals (RSA), Tucson, Arizona (virtual presentation).
- Burger, S.B. (2021). Remembering to play nice: A roundtable discussion on the intersection between school psychology and pediatric neuropsychology. Presented April 16 to Arizona Psychological Training Consortium (AzPTC) Postdoctoral Students, Tucson, Arizona (virtual presentation).
- Burger, S.B. (2021). Psychopathology: A practical guide to bridging the gap between science and practice. Presented March 18 to Arizona Psychological Training Consortium (AzPTC) Postdoctoral Students, Tucson, Arizona (virtual presentation).
- Burger, S.B. (2021). Personality disorders: Classic and alternate conceptions with a practical guide to service and a discussion of vocational considerations. Presented February 9 to State-Wide Arizona Vocational Rehabilitation Services Administration Professionals (RSA), Tucson, Arizona (virtual presentation).
- Burger, S.B. (2020). Clinical depression, bipolar disorders, and schizophrenia: A practical guide to service with a discussion of vocational considerations. Presented November 17 to State-Wide Arizona

- Vocational Rehabilitation Services Administration Professionals (RSA), Tucson, Arizona (virtual presentation).
- Burger, S.B. (2020). Clinical neuropsychology assessment primer: An introduction to neuropsychological assessment as a clinical tool. Presented September 17 to Arizona Psychological Training Consortium (AzPTC) Postdoctoral Students, Tucson, Arizona (virtual presentation).
- Burger, S.B. & Acevedo-Molina, M. (2020). Functional neuroanatomy: A gentle introduction. Presented May 15 to Arizona Psychological Training Consortium (AzPTC) Postdoctoral Students, Tucson, Arizona (virtual presentation).
- Burger, S.B. & Acevedo-Molina, M. (2020). Neuropathology. Presented May 14 to Arizona Psychological Training Consortium (AzPTC) Postdoctoral Students, Tucson, Arizona (virtual presentation).
- Burger, S.B. (2019). Clinical neuropsychology assessment primer: An introduction to neuropsychological assessment as a clinical tool. Presented September 20 to Arizona Psychological Training Consortium (AzPTC) Postdoctoral Students, Chandler, Arizona.
- Burger, S.B. (2019). Clinical neurology: Foundational principles of neuropsychology. Presented February 21 to Arizona Psychological Training Consortium (AzPTC) Postdoctoral Students, Chandler, Arizona.
- Burger, S.B. (2018). Psychological assessment primer: A practical guide to using psychological assessment as a clinical tool. Presented November 15 to Arizona Psychological Training Consortium (AzPTC) Postdoctoral Students, Phoenix, Arizona.
- Burger, S.B. (2018). Clinical neuropsychology assessment primer: An introduction to neuropsychological assessment as a clinical tool. Presented April 19 to Arizona Psychological Training Consortium (AzPTC) Postdoctoral Students, Phoenix, Arizona.
- Burger, S.B. (2017). Neuropsychology evaluation primer: Who we are and how we can help. Presented August 4 as part of CNS's 2017 Neuroscience Symposium, Marana, Arizona.
- Burger, S.B. (2017). Traumatic brain injury: Recovery of function following brain trauma (it is a process!). Presented April 20 as part of TMC's Brain Week, Tucson, Arizona.
- Burger, S.B. (2017). Neurocognitive assessment tools: From research to practice. Presented March 8 as part of the Alzheimer's Association Annual Education Conference, Tucson, Arizona.
- Burger, S.B. (2016). The old brain vs. the dementia brain: A discussion of maturational vs. neurodegenerative changes in function. Presented November 13 for a TMC Foundation Private Event at La Encantada, Tucson, Arizona.
- Burger, S.B. (2014). The young brain, the old brain, and the dementia brain: A discussion of maturational vs. neurodegenerative changes in function. Presented November 3 as part of Pima Community College's 2014 Speaker Series, Tucson, Arizona.
- Breitborde, N.J.K., Woolverton, C., C., Burger, S.B., Hanson, K., Patwardhan, S., & McFarlane, W.R. (2012). Multifamily group psychoeducation and cognitive remediation for first-episode psychosis: Preliminary data from a randomized trial. Presented as part of a symposium for

presentation at the 8<sup>th</sup> International Conference on Early Psychosis, San Francisco, California.

Burger, S.B., Nevarez, N., & Jacobs, W.J. (2011). My spidey sense is tingling: prediction errors in anticipated responses to a caged spider. Presented by N. Nevarez at the McNair Scholars Symposium in August, 2011. Tucson, Arizona.

Burger, S.B., & Jacobs, W.J. (2010). On the context-specificity of specific fears and phobias. Presented at the Annual Meeting of the Anxiety Disorders Association of America. Baltimore, Maryland.

Burger, S.B. (2008). An investigation of the context-specificity of anticipated phobic reactions: spiders, snakes and rats. Presented at the University of Arizona Departmental Mini Convention. Tucson, Arizona.

Gladden, P.R., Burger, S.B., Figueredo, A.J., & Jacobs, W.J. (2006). Life history, social deviance, personality, and intelligence: A psychometric study. Presented at the Annual Meeting of the International Society for Intelligence Research, San Francisco, California.

### **Poster Presentations Given:**

Burger, S.B., & Jacobs, W.J. (2013). My spider sense needs calibrating: Anticipated reactions to spider stimuli poorly predict initial responding. Presented at the Annual Meeting of the Anxiety and Depression Association of America. San Diego, California.

Burger, S.B., Woolverton, C., Hanson, K., Patwardhan, S., & Breitborde, N.J.K. (2012). Coping strategies among individuals with first-episode psychosis and their caregiving relatives: Associations with anxiety and depression. Presented at the 8<sup>th</sup> International Conference on Early Psychosis, San Francisco, California.

Breitborde, N.J.K., Woolverton, C., Burger, S.B., Hanson, K., & Patwardhan, S. (2012). Illness perception among individuals with first-episode psychosis and the caregiving relatives: Associations with anxiety, depression, and quality of life. Presented at the 8<sup>th</sup> International Conference on Early Psychosis, San Francisco, California.

Breitborde, N.J.K., Woolverton, C., Burger, S.B., Hanson, K., & Patwardhan, S. (2012). Problem-solving in first-episode psychosis: Associations with symptomatology, social and occupational functioning, and quality of life. Submitted for consideration for presentation at the 8<sup>th</sup> International Conference on Early Psychosis, San Francisco, California.

Woolverton, C., Burger, S.B., Hanson, K., Patwardhan, S., & Breitborde, N.J.K. (2012). Social cognition domains and their relation to memory functions among individuals with first-episode psychosis. Presented at the 8<sup>th</sup> International Conference on Early Psychosis, San Francisco, California.

Burger, S.B., Nevarez, N., & Jacobs, W.J. (2011). My spidey sense is tingling: prediction errors in anticipated responses to a caged spider. Presented both to the Arizona Board of Regents (August, 2010) and in the Graduate and Professional Student Council Research Showcase (November, 2011) by N. Nevarez.

This poster was recipient of First Place in the Social Science and Law Category and of the President's Award at the Showcase, with associated cash prizes totaling \$750.

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**CLINICAL AND RESEARCH EXPERIENCE, REFERENCES, AND WORK SAMPLES**

Available upon request.