



Discover MHS' wide range of clinical assessments designed to help youth and adults reach their full potential by providing a more comprehensive picture of their needs.

Need to connect?

U.S. 1.800.456.3003

CAN 1.800.268.6011

INTL 1.416.492.2627

See the whole picture

Using tests and other assessment tools to measure and observe a patient's behavior to arrive at a diagnosis and guide treatment is the gold standard when treating patients.

Agreement across multiple measures and sources and discrepant information enable the creation of a more comprehensive understanding of the individual being assessed, ultimately leading to more accurate and appropriate clinical conclusions (e.g., diagnosis, recommendations for treatment planning).

While clinicians report generally positive attitudes toward monitoring and feedback, routine collection of standardized progress measures remains uncommon—only 13.9% reported using standardized progress measures.



“I have received a referral for a child who is having stomachaches, headaches, and they generally don’t feel well, but they’ve been cleared by a physician.”



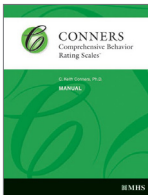
According to the Cleveland Clinic, depression and anxiety are among the most common mental health disorders in children.

~7%

of children ages 3 to 17 have anxiety; about 3% deal with depression.

In children, anxiety symptoms can manifest as trouble sleeping, as well as physical symptoms like fatigue, headaches, or stomachaches. Depression can show up as changes in energy—being tired and sluggish or tense and restless a lot of the time.

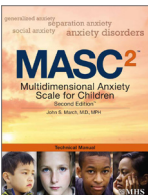
Recommended assessments



Conners Comprehensive Behavior Rating Scales™ (Conners CBRS®)

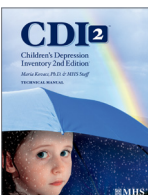
Provides a complete overview of child and adolescent concerns and disorders. It is a multi-informant assessment of youth aged 6 to 18 years, across multiple settings, with rating forms for parents, teachers, and youth self-report.

Offers a wealth of information with scores for Diagnostic and Statistical Manual of Mental Disorders, Fifth Edition (DSM-5) Symptom Scales, Content Scales, Other Clinical Indicators, Critical Items, and Impairment Items.



Multidimensional Anxiety Scale for Children 2nd Edition™ (MASC 2™)

A comprehensive multi-rater assessment of anxiety dimensions in children and adolescents aged 8 to 19 years. It distinguishes between important anxiety symptoms and dimensions that broadband measures do not capture. By indexing the range and severity of anxiety symptoms, the MASC 2 aids in early identification, diagnosis, treatment planning, and monitoring for anxiety-prone youth.



Children's Depression Inventory 2™ (CDI® 2)

A comprehensive multi-rater assessment of depressive symptoms in children and adolescents aged 7 to 17 years. When results from the CDI 2 are combined with other sources of verified information, the CDI 2 can aid in early identification of depressive symptoms, diagnosis of depression and related disorders, and monitoring of treatment effectiveness.

“I have a patient who has been referred because they have trouble keeping their temper under control and are very easily set off. At school, this youth tends to throw things, make physical contact, and overall displays disruptive behavior both in and outside the home.”

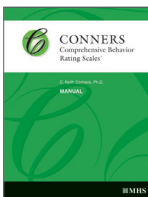


UP TO **16%**

of adolescents may have some form of Oppositional Defiant Disorder.

Multiple factors can contribute to a youth's struggles with anger, irritability, and aggression (behavior that can cause harm to oneself or another). While problematic, anger is not a psychiatric diagnosis; it is commonly part of a more complex clinical presentation.

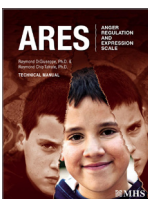
Recommended assessments



Conners Comprehensive Behavior Rating ScaleSM (Conners CBRS[®])

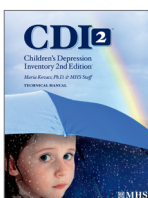
Designed to provide a complete overview of child and adolescent concerns and disorders. It is a multi-informant assessment of children and youth across multiple settings, with rating forms for parents, teachers, and youth.

Provides a wealth of information with Diagnostic and Statistical Manual of Mental Disorders, Fifth Edition (DSM-5) Symptom Scales, Content Scales, Other Clinical Indicators, Critical Items, and Impairment Items.



Anger Regulation and Expression Scales (ARES)

A comprehensive, self-report assessment of the expression and regulation of anger in youth. Derived from the Anger Disorder Scale (ADSSM), the ARES has been designed specifically for children and adolescents aged 10 to 17 years.



Children's Depression Inventory 2SM (CDI 2[®])

A comprehensive multi-rater assessment of depressive symptoms in children and adolescents aged 7 to 17. When results from the CDI 2 are combined with other sources of verified information, the CDI 2 can aid in early identification of depressive symptoms, diagnosis of depression and related disorders, and monitoring of treatment effectiveness.



Comprehensive Executive Function InventorySM (CEFI[®])

A comprehensive behavior rating scale of executive function strengths and weaknesses in children and adolescents aged 5 to 18 years. Executive function is important for problem solving and reasoning, and difficulties with executive function can often make simple tasks challenging. Assessing a child or adolescent's executive function is an important step to formulate a diagnosis and treatment plan.

“I have an adult patient who has had a traumatic brain injury (TBI) and I’m monitoring their functioning.”



~65%

of moderate to severe TBI patients report long-term problems with cognitive functioning.

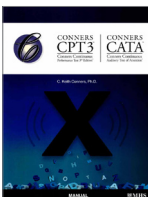
Changes in cognitive functioning often result from TBI and predict other important aspects of psychosocial recovery.

Recommended assessments



Comprehensive Executive Function Inventory Adult (CEFI Adult)

A comprehensive assessment of executive function strengths and weaknesses for adults that delivers highly accurate results based on extensive norming. Intended to be used by professionals in clinical, educational, and research settings, this measure is ideal for assessing individuals with traumatic brain injuries (TBI), Alzheimer’s, Dementia, or ADHD. The CEFI Adult is an effective and reliable tool for evaluating executive function to guide diagnosis, intervention, and treatment planning, as well as evaluating the success of an intervention program.



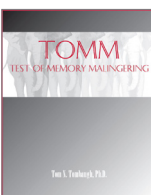
Conners Continuous Performance Test 3rd Edition™ (Conners CPT 3™)

This visual test measures attention-related problems in individuals aged 8 years and older. By indexing the respondent’s performance in areas of inattentiveness, impulsivity, sustained attention, and vigilance, the Conners CPT 3 can aid in the assessment ADHD and other neurological conditions related to attention. The Conners CPT 3 provides objective information about an individual’s performance in attention tasks.



Conners Continuous Auditory Test of Attention® (Conners CATA®)

This auditory test measures a respondent’s performance in areas of inattentiveness, impulsivity, and sustained attention, making it a useful tool in evaluating attention disorders and neurological functioning. The Conners CATA provides objective information about an individual’s performance in attention tasks.



Test of Memory Malinger™ (TOMM™)

A visual recognition test designed to help distinguish between malingered and true memory impairments. Research has found the TOMM to be sensitive to malingering and insensitive to a wide variety of neurological impairments, which makes it a valid measure with high utility for evaluating patient behavior.

“I have a female patient that has been referred to me for an ADHD evaluation. In reviewing the notes I’ve received about the patient, along with my initial conversation with them, I am doubtful of these diagnoses.”

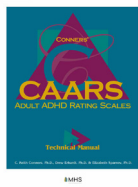


Feigning symptoms of ADHD has been found to occur in approximately

15–50%
of adult ADHD evaluations.

The feigning of ADHD symptoms can be a means toward acquiring prescription medication to be used for nonmedical purposes or potentially trying to acquire access to services or exceptions like extra time on tests, use of technology, etc. A comprehensive assessment of ADHD in adults and youth should employ multiple strategies, including a structured clinical interview, medical examination, self-report rating scales, rating scales from other raters, structured tasks of attention, and structured tasks of impulsivity.

Recommended assessments



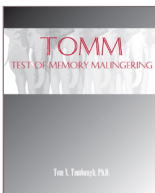
Conners' Adult ADHD Rating Scales (CAARS™)

For adults: Measures the presence and severity of ADHD symptoms so that you can determine whether or not ADHD is a contributing factor to a patient's difficulties.



Comprehensive Executive Function Inventory Adult (CEFI Adult)

For adults: A comprehensive assessment of executive function strengths and weaknesses for adults that delivers highly accurate results based on extensive norming. Intended to be used by professionals in clinical, educational, and research settings, this is ideal for assessing individuals with traumatic brain injuries (TBI), Alzheimer's, Dementia, or ADHD. The CEFI Adult is an effective and reliable tool for evaluating executive function to guide diagnosis, intervention, and treatment planning, as well as to evaluate the success of an intervention program.



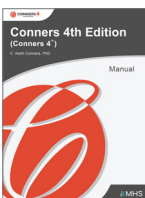
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Conners Continuous Performance Test 3rd Edition™ (Conners CPT 3™)

For adults and youth: This visual test measures attention-related problems in individuals aged 8 years and older. By indexing the respondent's performance in areas of inattentiveness, impulsivity, sustained attention, and vigilance, the Conners CPT 3 can aid in the assessment ADHD and other neurological conditions related to attention. The Conners CPT 3 provides objective information about an individual's performance in attention tasks.



Conners 4th Edition (Conners 4™)

For youth: The latest edition of the world's leading ADHD assessment, Conners 4th Edition is a well-validated and trusted tool that provides a thorough assessment of symptoms and impairments associated with ADHD, as well as common co-occurring problems and disorders in children and adolescents aged 6 to 18 years.



Pediatric Performance Validity Test Suite (PdPVTs)

For youth: These tests were designed to be inserted at various points throughout a full test battery to assess for maximum performance across time. Each test includes instructions to be read aloud by the examiner, a demo video, and practice items. The youth respond directly on the device, with the exception of the verbal test, where the youth responds aloud to examiner-read items. In less than 5 minutes, you can determine if a youth's score is reflective of maximum performance.

“I have a female patient that has been referred to me for an ADHD evaluation. They’re having trouble keeping up at work, managing their finances, and dealing with anxiety, among other symptoms.”

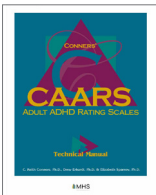


Women with
ADHD

may be more easily missed in the ADHD diagnostic process and less likely to be prescribed medication.

Accurate ADHD diagnosis in women and girls requires establishing a symptom history and an understanding of its gender-specific presentation. Coexisting anxiety and depression are prominent in female patients with ADHD.

Recommended assessments



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“I have a patient that has been referred to me for an evaluation of autism spectrum disorder (ASD). Their parents describe that their child seems to be struggling with social situations and potentially displaying repetitive behavior. The patient describes that they often feel anxious or upset and don’t understand why.”



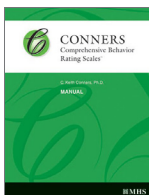
In 2021, the CDC reported that approximately

1 in 44

children in the U.S. is diagnosed with ASD.

Current treatments for ASD seek to reduce symptoms that interfere with daily functioning and quality of life. This disorder affects each person differently, meaning that people with ASD have unique strengths and challenges and different treatment needs.”

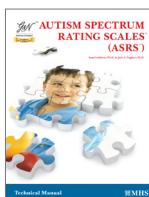
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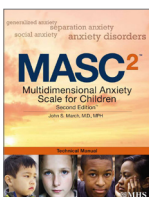
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Autism Spectrum Rating Scales™ (ASRS®)

A multi-informant measure designed to identify symptoms, behaviors, and associated features of autism spectrum disorder (ASD) in children and adolescents aged 2 to 18 years. This innovative instrument is a norm-referenced assessment based on a nationally representative sample, designed to identify symptoms, behaviors, and associated features of the full range of autism spectrum disorders. The ASRS assists in the diagnostic process, guides the development of intervention and treatment strategies, and monitors the response to intervention and treatment effectiveness.



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